

RESPIRE WORKER JOB DESCRIPTION

Respite Workers provide compassionate care for individuals with disabilities in their homes. The most common disabilities include: Autism, Downs Syndrome and Cerebral Palsy. Responsibilities include attending to the child's basic self-help needs and other activities of daily living including interaction, socialization and continuation of usual daily routines which would ordinarily be performed by a family member.

We are looking for people who will initiate and participate in learning as well as recreational activities; relieve family members from the constantly demanding responsibility of caring for the child in the home all while providing a safe and caring environment.

This is an ideal part time job for a student, or a second job candidate. You will work 6-20 hours a week, with one to five families, as your schedules allows, to provide one-on-one Respite services in the child's home and/or the community.

Flexible part time schedules available include after school, evenings and weekends. Minimum 6 hours per week; usually 2-3 hours shifts.

Duties and Responsibilities

- To provide a safe, nurturing, caring and friendly environment for the individual/consumer with physical, developmental and/or emotional disabilities.
- Assist with daily living needs, not limited to: bathing and/or toileting, grooming/dressing, household chores, medications as directed, provide basic first aid and safety procedures
- Attend to individual/consumers basic self-help needs and other activities of daily living, including interaction, socialization, and continuation of usual daily routines, which would ordinarily be performed by a family member.
- Assist/relieve family members in maintaining the constant demanding responsibility of caring for the individual/consumer at home.
- Initiates and participates in, learning and recreational activities appropriate for the individual/consumer; remains on alert to alter activities as deemed necessary; provides encouragement and praise when appropriate
- Be able to engage a child in a manner appropriate to his or her skill level.
- Stays alert to signs of suspected child abuse and reports suspected cases in compliance with mandated reporting requirements.
- Ensures safety of the individual/consumer at all times; remains responsive to individual/consumer's needs.
- May escort *without transporting in a vehicle driven by the respite provider* the individual/consumer into the community: the park, movies or other activity appropriate for the individual/consumer.

- Understand and apply guidelines involved in the confidentiality of individual/consumer records notwithstanding any other provision of law.
- An In-Home Respite provider may perform gastrostomy care and feeding of individuals/consumers of Regional Centers after successful completion of training
- Understand and satisfactorily communicate both oral and written form and directions.
- Assist individual/consumer to reinforce and follow up on learning activities.
- Demonstrate an understanding, patient and receptive attitude toward individual/consumer.
- Meet requirements associated with the tasks outlined in the position description.
- Establish and maintain effective work relationships with those contacted in the performance of required duties.

Qualifications

- Must be 18 years old
- Completion of the 12th grade or the equivalent of a high school education
- Criminal record clearance- DOJ/FBI.
- CPR/First Aid certification requirements to remain current.
- Current Driver's License
- Regular certification of being Tuberculosis free.
- Must be willing to work after school, evening and weekend hours.
- Ability to follow directions, policies and procedures of Central Coast Kids & Families.
- Ability to communicate effectively.
- Ability to secure the cooperation of both professional and non-professional persons.
- Ability to establish and maintain effective relationships with children, families, fellow employees and community members at large.
- Ability to manage time; be responsible, organized and reliable.
- Patience and flexibility with regards to handling people and situations.
- Ability to turn in documents, including time sheets, on time and/or required dates/deadlines.

Physical requirements

- Standing, Manual dexterity tasks, Walking, Climbing, i.e. play structure, Sitting, Toileting, Bending/stooping, Reaching/pulling