

RESPITE WORKER

Job purpose

To provide relief or time off of to the primary provider with children of various disabilities in the home and community. The objective is to provide a break to the primary care giver in a safe and caring environment while attending to basic needs and activities of daily living according to the personal needs of the individual.

Duties and Responsibilities

- To provide a safe, nurturing, caring and friendly environment for the individual/consumer with physical, developmental and/or emotional disabilities.
- Assist with daily living needs, not limited to: bathing and/or toileting, grooming/dressing, household chores, medications as directed, provide basic first aid and safety procedures
- Attend to individual/consumers basic self help needs and other activities of daily living, including interaction, socialization, and continuation of usual daily routines, which would ordinarily be performed by a family member.
- Assist/relieve family members in maintaining the constant demanding responsibility of caring for the individual/consumer at home.
- Initiates and participates in, learning and recreational activities appropriate for the individual/consumer; remains on alert to alter activities as deemed necessary; provides encouragement and praise when appropriate
- Be able to engage a child in a manner appropriate to his or her skill level.
- Stays alert to signs of suspected child abuse and reports suspected cases in compliance with mandated reporting requirements.
- Ensures safety of the individual/consumer at all times; remains responsive to individual/consumers needs.
- May escort *without transporting in a vehicle driven by the respite provider* the individual/consumer into the community: the park, movies or other activity appropriate for the individual/consumer.
- Understand and apply guidelines involved in the confidentiality of individual/consumer records notwithstanding any other provision of law.
- An In-Home Respite provider may perform gastrostomy care and feeding of individuals/consumers of Regional Centers after successful completion of training
- Understand and satisfactorily communicate both oral and written form and directions.
- Assist individual/consumer to reinforce and follow up on learning activities.
- Demonstrate an understanding, patient and receptive attitude toward individual/consumer.
- Meet requirements associated with the tasks outlined in the position description.
- Establish and maintain effective work relationships with those contacted in the performance of required duties.

Qualifications

- Must be 18 years old
- Completion of the 12th grade or the equivalent of a high school education
- Criminal record clearance- DOJ/FBI.
- CPR/First Aid certification requirements to remain current.
- Current Drivers License
- Regular certification of being Tuberculosis free.
- Ability to follow directions, policies and procedures of Central Coast Kids & Families.
- Ability to communicate effectively.
- Ability to secure the cooperation of both professional and non-professional persons.
- Ability to establish and maintain effective relationships with children, families, fellow employees and community members at large.
- Ability to manage time; be responsible, organized and reliable.
- Patience and flexibility with regards to handling people and situations.
- Ability to turn in documents, including timesheets, on time and/or required dates/deadlines.

Physical requirements

- Standing, Walking, Sitting, Bending/Stooping, Manual dexterity tasks, Climbing, Toileting, Reaching/Pulling